Early intervention in psychosis: which model?

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Pioneers

Australia: mid 80's
Germany: early 90's
UK: early 90's
USA and Canada: early 90's
Switzerland: mid 90's
Scandinavia: mid 90's
Holland: late 90's
South Asia: 2000
Early intervention

Reactivity
Intensive interventions
Ambulatory services
Populations uncovered by psychiatric care
Young people
Prevention
HOPITAL
PSYCHIATRIQUE
Maisons des adolescents

Non-stigmatized place, easy access

Network

Ressources: General practitioner, addiction medicine...
A partnership between
CPN and Maison des Adolescents (OHS)
Intensive and reactive services

- First contact within 1 week

- At least weekly contacts at the beginning of treatment
Case management

Each patient is followed-up by a case manager (active list 10-30) and a psychiatrist (active list 100)

- Reactive and available
- Support in each action of the centre
- Objectives
  - Symptom reduction
  - Enhancing social insertion
Coherence

- Building projects that fit to early intervention standards
- Insertion in local network
- Evaluation tools
- Follow-up/Case management
- Therapeutic programs

Fidelity scales: Denmark (22 centres), New York state (22 centres), Ontario, Australia

In France, supported by Health Minister affirmations: numerous emerging programs, multiple objectives
A cultural change

- Optimism

- Psychosis not as a whole but considered by phases

- De-stigmatization challenge
Adressing psychosis differently

Partenaires élargis et population
Partenaires habituels
Psy et milieu médical

Why do I feel this way?
Are you or someone you know...
Seeing or hearing things that other people don’t, like shadows in the corner of your eyes?
Having unusual thoughts, like experiencing the TV, Internet, or music sending you special messages?
Having a lot more energy than usual and racing thoughts, so much that you can’t sleep for days?
Are these things bothering you or causing you to be concerned?
You may be experiencing symptoms of psychosis. Psychosis is a lot more common than you think. You are not alone.
Thank you

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