A Framework for Recovery in Ireland

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The Ten Themes from the Listening Meetings

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Policy and Political Environment

National Policies

- A Vision for Change
- Connecting for Life
- Sláintecare Report
- Evidence Review to Inform the Parameters for a Refresh of A Vision for Change

National Initiatives

- National Youth Mental Health Taskforce
- Pathfinder Group on Youth Mental Health

Structure

National Cross-sectoral Steering and Implementation Group - Driving policy, implementation and change

- Senior officials of key departments key to the delivery of the strategy
- Senior officials from statutory and NGO agencies with implementation roles
- Chaired by the Department of Health

Membership
What is the Framework?

- A Health Service position on the development of recovery oriented mental health services
- Co-production and a new understanding of Recovery
- To ensure a consistent, evidence based and quality focused services
What is Recovery?

A National Framework for Recovery in Mental Health

A national framework for mental health service providers to support the delivery of a quality, person-centred service.

Recovery is...

Someone to love...

Somewhere to live...

Something to do...
The Four Principles of the Recovery Framework

- **Principle 1** - The Centrality of the Lived Experience
- **Principle 2** - The Co-production of services
- **Principle 3** - Organisational commitment to Recovery
- **Principle 4** - Supporting recovery learning and practice
Principle 1 - The Centrality of the Lived Experience

What this Principle offers

- A unique insight
- New skill in workforce
- Fostering hope and inspiring recovery
- Creating empathy and empowerment
- Supporting service improvement
Principle 1 - The Centrality of the Lived Experience

Key Concepts of the Principle
- Lived Experience
- Recovery Experience
- Experts by Experience

Examples of Recovery in Action
- Peer Support Workers
- WRAP
- ARI
- Mental Health Engagement
Key Concepts of the Principle

- Equal stakeholder input
- National and local process
- Continued through to implementation
- Co-production
  - optimises resources
  - and recognises service users’, family members’ and carers’ involvement as a strength.
Principle 2 - The Co-production of Services

Stakeholders in Co-Production
- Service Users,
- Family Members and Carers,
- Service Providers,
- Public Sector Agencies,
- Voluntary and Community Sector.

Example of Recovery in Action
- Care and Recovery Planning
Principle 3 - Organisational Commitment to Recovery

Key Concepts of the Principle

- A strategic approach to organisational change
- Creating a recovery culture
- Co-produced design, delivery and evaluation of services
- Communicating recovery values
- Resourcing of Recovery
- Evaluating Recovery

Centrality of lived experience
Co-Production
Organisational Commitment
Recovery Learning & Practice
Principle 3 - Organisational Commitment to Recovery

Examples of Recovery in Action

- Establishment of National Office of Mental Health Engagement (MHE)
- Establishment of Area and Local Forums for MHE
- Recovery Framework Implementation Plans
  - Each CHO will include a Framework Implementation plan in their Operational Plan
  - Framework will be communicated to all key stakeholders
  - All staff supported to work in a recovery way.
  - Framework implementation will be included in national performance and monitoring
  - Organisation will continue to support recovery innovation

Central to lived experience

- Co-Production
- Organisational Commitment
- Recovery Learning & Practice
Principle 4 - Supporting recovery learning and practice

Key Concepts of the Principle

- A shared stakeholder understanding
- Develop recovery literacy to support recovery
- Engage experts by experience
- A commitment to Co-production
- Supports for stakeholders in their recovery roles
- A recovery education strategy
Principle 4 - Supporting recovery learning and practice

Examples of Recovery in Action

- Recovery Education Plans
- Recovery Principles and Practices Workshops
Challenges to Implementation

- Readiness of the Organisation
- **Ensuring Equity – Valuing all contributions**
- Clear understanding of Co-Production in practice
- Leadership is crucial across all levels of the service
- Positive Risk Management being adopted
- Creating the right environment for cultural change
Thank You

More information:

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