Transforming Mental Health engagement, involvement and leadership from service users

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Mental Health Foundation
Introduction

- My background and experience
- Involvement basics
- Service user leadership
- Ambitions for the future
My background

- 6 Diagnoses
- 22 Biochemical treatments
- 2 legal detentions
- Very limited ambitions
The Nature of Knowledge

- Created by experts
- Seen as objective
- Experienced entirely differently
- Applied by policy makers politically
Involvement levels

- Strategic
- Operational
- Individual
Involvement basics

• Articulate purpose
• Clarity around limits
• Good feedback loops
Opportunities for co-leadership

• Defining outcomes
• Developing the evidence base
• Recruiting and training staff
• Resource allocation
• Controlling our own lives